

Fantasy Paddle ~ 3 day break

What's on offer...

Paddle Heaven!



Day 1

Access to and unlimited use of the paddle courts at the Desert Springs Tennis, Paddle & Volley Academy.

Elemis Body Massage (30 mins) at The Day Spa @ Desert Springs. Improves circulation & aids in lymphatic drainage. Massage is used to ease away stress, aches & pains.

Table d'hote Dinner at the Crocodile Club Restaurant.

Day 2

Breakfast at the Clubhouse.

Stretching session at the gymnasium with the Sierra Club Sports Manager.

Morning instruction (3hrs). Going through Forehand, Backhand, Serve, Volley & Smash.

Afternoon instruction (2hrs). Using video technology you can see your stroke in freeze frame and slow motion and get a full appreciation of what you are doing.

Dinner at El Torrente Restaurant.

Day 3

Breakfast at the Clubhouse.

Stretching session at the gymnasium with the Sierra Club Sports Manager.

Morning instruction going through Strategy (3hrs). The strokes are one thing! Learn where to be on the court and where to hit the ball, both vital points in learning how to play and win paddle!

Afternoon session (2hrs). Put into practice what you have learnt in a 'Round Robin' competition.

Elemis Body Massage (30 mins) at The Day Spa @ Desert Springs.

Table d'hote Dinner at the Crocodile Club Restaurant.

Whether you're a complete beginner, a keen amateur or an up-and-coming club player, Desert Springs Tennis, Paddle & Volley Academy will help you brush up your paddle in no time!

The Academy at Desert Springs offers the latest coaching technology and first-class tuition for all ages, as well as equipment hire services and a fitness centre.

At The Day Spa @ Desert Springs you can indulge in relaxing Elemis beauty treatments and massages, and soak away those aches and strains in the exclusive sauna and massage suite!

The coaching and Day Spa team offers a comprehensive, personalised and professional service for individuals, teams and clubs, all year round.



Luxury Accommodation

Stylish 2 bedroom Apartment located at Las Sierras I and II, beautifully furnished, with either a courtyard view with swimming pool or an Andalusian patio lined with orange trees. Town Houses, Cottages & Villas also available.



For further information and reservations:

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2009 Seasons Guide

3 Nights Price per person

7th Jan - 28th Feb
1st Nov - 21st Dec

(shared between 2 pax)
£348
(shared between 4 pax)
£305

1st - 6th Jan
1st March - 7th April
12th April - 30th June
1st Sept - 31st Oct
22th - 31st Dec

(shared between 2 pax)
£359
(shared between 4 pax)
£316

8th - 11th April
1st July - 31st August

(shared between 2 pax)
£391
(shared between 4 pax)
£348



A Luxury Lifestyle of Your Choice
Where every day's a **sun**day!



desert springs
A LIFESTYLE OF QUALITY.
GOLF & LEISURE

Price includes all items detailed in the above package.

Alternatively priced accommodation is also available in Town Houses, Cottages and Villas with communal and private swimming pools.